



Hale Hulu Mamo

A Place Which Embraces Our Precious & Esteemed Kupuna

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 CLOSED New Year Day	2 Crafts w/P & R, PALS/Kaunoa BRIDGE 1-4 Aquacise	3 Lomi w/Lemuel YOGA 10 am @ Ala Kukui	4 Aquacise	5 Walk in the Park Holoholo	6
7	8 Lomi w/Jan Movie & Popcorn BRIDGE 1-4 Aquacise	9 Aquacise ACUPUNCTURE BINGO	10 Lomi w/Kaunoa YOGA 10 am @ Ala Kukui	11 Aquacise	12 Lomi w/Lemuel	13
14	15 CLOSED MLK Holiday	16 Aquacise Support Group 9:00 am HCEF Mtg. 10 am	17 Lomi w/Kaunoa YOGA 10 am @ Ala Kukui	18 Lomi w/Jan Aquacise	19 Lomi w/Lemuel	20
21	22 Lomi w/Jan Movie & Popcorn BRIDGE 1-4 Aquacise	23 Aquacise ACUPUNCTURE	24 Lomi w/Kaunoa YOGA 10 am @ Ala Kukui	25 Lomi w/Jan Aquacise	26 MOVIE NIGHT	27
28	29 REIKI w/Jill Movie & Popcorn BRIDGE 1-4 Aquacise	30 Aquacise BINGO	31 Walk in the Park Holoholo			

Please call for appointments: 248-8833

Mahalo we love you....Sheila, Shannon, Heidi & Timmy