



# Hale Hulu Mamo

A Place Which Embraces Our Precious & Esteemed Kupuna

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<sup>1</sup> Lomi w/Jan Aquacise CAR WASH	<sup>2</sup> Lomi w/Lemuel Walk in the Park <b>CRAFTS!</b>	<sup>3</sup>
<sup>4</sup>	<sup>5</sup> Movie & Popcorn Aquacise	<sup>6</sup> Aquacise CAR WASH <b>ACUPUNCTURE</b>	<sup>7</sup> BRIDGE 1:00 Lomi w/Kaunoa YOGA 10 am @ Ala Kukui	<sup>8</sup> Aquacise CAR WASH <b>HAIRCUTS</b>	<sup>9</sup> Lomi w/Lemuel Walk in the Park	<sup>10</sup>
<sup>11</sup>	<sup>12</sup> Movie & Popcorn Aquacise	<sup>13</sup> Aquacise CAR WASH <b>BINGO CRAFTS!</b>	<sup>14</sup> BRIDGE 1:00 Lomi w/Kaunoa YOGA 10 am @ Ala Kukui	<sup>15</sup> Lomi w/Jan Aquacise CAR WASH	<sup>16</sup> Lomi w/Jan Walk in the Park	<sup>17</sup>
<sup>18</sup>	<sup>19</sup> Timmy MCOA Movie & Popcorn SUPPORT GROUP Mtg. 10am	<sup>20</sup> Aquacise CAR WASH <b>ACUPUNCTURE</b> Caregiver Workshop 10 am	<sup>21</sup> BRIDGE 1:00 Lomi w/Kaunoa YOGA 10 am @ Ala Kukui	<sup>22</sup> Aquacise CAR WASH	<sup>23</sup> Walk in the Park	<sup>24</sup>
<sup>25</sup>	<sup>26</sup> Movie & Popcorn Aquacise	<sup>27</sup> Aquacise CAR WASH HCEF Mtg. @ 10	<sup>28</sup> BRIDGE 1:00 Lomi w/Kaunoa YOGA 10 am @ Ala Kukui	<sup>29</sup> Aquacise CAR WASH	<sup>30</sup> Lomi w/Jan Walk in the Park	

Please call for appointments: 248-8833 Mahalo we love you....Sheila, Shannon & Timmy