



Hale Hulu Mamo

A Place Which Embraces Our Precious & Esteemed Kupuna

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Lomi w/Lemuel Walk in the Park	2
3	4 CLOSED LABOR DAY HOLIDAY	5 Aquacise ACUPUNCTURE	6 BRIDGE 1:00 Lomi w/Kaunoa YOGA 10 am @ Ala Kukui	7 Lomi w/Jan Aquacise	8 Lomi w/Lemuel Walk in the Park	9 BON DANCE
10	11 Timmy MCOA mtg. Movie & Popcorn	12 Aquacise BINGO CRAFTS!	13 BRIDGE 1:00 Lomi w/Kaunoa YOGA 10 am @ Ala Kukui	14 Lomi w/Jan Aquacise	15 Lomi w/Lemuel Walk in the Park	16
17	18 SUPPORT GROUP Mtg. 10am Movie & Popcorn Aquacise	19 Aquacise ACUPUNCTURE	20 BRIDGE 1:00 Lomi w/Kaunoa YOGA 10 am @ Ala Kukui	21 Lomi w/Jan Aquacise	22 MOVIE IN THE PARK Walk in the Park	23
24	25 Movie & Popcorn Aquacise	26 Aquacise HCEF mtg. 10 am (Aloha attire picture taking)	27 BRIDGE 1:00 Lomi w/Kaunoa YOGA 10 am @ Ala Kukui	28 Lomi w/Jan Aquacise	29 Lomi w/Lemuel Walk in the Park	30

Please call for appointments: 248-8833 Mahalo we love you....Sheila, Shannon & Timmy