



Happy Thanksgiving!

November is National Family Caregivers Month!! *MAUI ADULT DAY CARE CENTERS*

November 2017 Newsletter

Caregiver Support Group Schedule

Kahului:

Kahului Day Care Center
Thursday, November 2
2:00PM

Upcountry:

Pukalani Baptist Church
Monday, November 13
5:30PM

Lahaina

**West Maui Senior Ctr.
Lounge**
Thursday, November 9
2:00PM

Wailuku:

Ocean View Day Care Ctr.
Thursday, November 30th
6:00PM

Kihei:

Kihei Maui Adult Day Care
Monday, November 28th
4:30PM

Hana:

Hale Hulu Mamo
Monday, November 20th
10:00AM



Thought for the Month:

*There are only
4 kinds of people in
this world...those who
have been Caregivers,
those who are currently
Caregivers, those who will
be Caregivers & those
who will need Caregivers.*

Dear Families and Caregivers,

Where did this year go? They say as you age, the time goes by faster...how true this is! I think I just finished off the leftovers from last Thanksgiving. I didn't even get a chance to work off the weight I gained from last year's holidays. All kidding aside, I would like to dedicate our Newsletter this month (this is my 13th edition by the way!) to YOU, the caregiver, our wonderful families, our dedicated and talented staff who selflessly give of themselves the compassion and patience to make sure our loved ones needing assistance are well taken care of and have the best quality care possible. November is National Family Caregivers Month. The theme for the 2017 National Family Caregivers Month is "Caregiving Around the Clock." Maui Adult Day Care Centers attended the 16th Annual Caregiver's Conference at the Grand Wailea on November 3rd, organized by the Maui County Office on Aging, AARP and the Area Agencies on Aging. I highly recommend that you mark your calendars and don't miss this event next year. We were pampered by a wonderful lunch, excellent speakers and there were resource tables offering caregiving information on just about every topic imaginable. Many of the agencies who work with our kupuna on Maui had a presence at this conference. This year at the Caregiver's Conference, we celebrated the contributions of all of the volunteers, friends and family members who are caring and supporting a person in need, whether it be a loved one, friend, neighbor or someone you may have just met. As mentioned at the conference, more than 44 million Americans are caregiving in one way or another. It is always recommended to be realistic and plan for your needs or your loved ones needs should you find yourself taking on the responsibility of caregiving. The better prepared you are, hopefully, reduced stress will result. Caregiving isn't just associated with taking care of an elderly person, Caregiving is providing care for individuals who may have been in an accident, suffered a heart attack or stroke. And yes, some illnesses, can be early diagnosed giving you time to prepare yourself for what lies ahead, but, in many cases, we unexpectedly become a member of the "Caregiver's Club." Trust me, it can happen to you, because it did happen to me. So, my tip for this month is...reach out and establish a relationship with the wonderful agencies and resources available on Maui, such as the Maui County Office on Aging (MCOA's Ohana pictured below) before you actually need them. Maui Adult Day Care Centers experienced Program/Outreach Coordinator, Kathleen Couch is an excellent resource and is just a phone call away (871-5804). Kathy is available to support, counsel and refer you to the appropriate agencies. Maui Adult Day Care Centers wants to "SHOUT OUT A BIG MAHALO!" to our Maui County Office on Aging Ohana for all of their support for MADCC and planning & hosting Maui's Annual Caregiver Conference. Congratulations to Kathy Couch as she won the conference's grand prize of a two night stay at the Mana Kai. Well deserved, Kathy!! Mahalo to Our Veterans & Happy Thanksgiving, Suzanne Antounian, Executive Director



Maui Adult Day Care Centers

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Webpage:

www.madcc.org

Follow us on:

Instagram:

@mauiadultdaycare

Welcome

To Our MADCC Ohana!

Ocean View

Edna
Patricia
Barbara
Laurata

Kihei

Clarita

Kahului

Augustin
Lisa
Celedonia
Selma

Upcoming Holidays

Maui Adult Day Care Centers Will Be Closed the Following Days in November:

**Friday, November 10
In Honor of Veteran's Day**

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**Thursday, November 23rd
& Friday, November 24th**



A few words from
Hale Hulu Mamo
By Sheila Roback

Christmas in Hana

It was the night before Christmas and all through Hana town, a new tradition was born as Hana gathered round. It was the lighting of the first Christmas tree and Santa's arrival that filled us with glee.

Santa wove through the subdivision with a Ho Ho Ho Ho! Kupuna and Keiki lined the streets with eyes all aglow.

The town was ready for Hale Hulu Mamo's Christmas Fun Fair. The sweet sound of laughter echoed in the air. We gathered at the lot below Hana store,

And dreamed of presents and carolers and baked goods galore. There was ono Shoyu Chicken and Takamiya Hamburger for sale, And Santa and his elves were taking pictures to mail. Mama and Papa hurried and moved their kino's, The music was starting; Uncle Pat and the Tolentino's. The tables were loaded with Silent Auction items for bid, While the Lucky Draw bikes captivated each kid. I in my mu'umu'u and you in your aloha shirt, checked out the craft and gift booths and hit pay dirt. Aunty Ipo Kanakaole's paintings were exquisite to behold, Jewelry, plants, clothes and Mango chutney being sold.

Alas it was time to call it a day, As we slowly left the Fair I heard Santa say, Merry Christmas to Hana where Aloha is the way!!! Please join us in Hana.:

December 1st for Festivals of Light at the Hana Town Square: 6:00 pm

Saturday December 2nd is the Christmas Fun Fair:
9:00 am-4:00 pm at the Town Square!

HAPPY HOLIDAYS!!



Ocean View:

11/02 Kimiko
11/04 Aileen
11/04 Richard
11/11 Florencia

Lahaina:

11/09 Anna
11/11 Sara
11/13 Dorothy
11/26 Edward

Kahului:

11/01 Judy Ann
11/14 Kay

Kihei

11/20 Marie
11/21 Ruth



AGING AND DISABILITY RESOURCE CENTER

Maui County Office on Aging

AGING AND DISABILITY RESOURCE CENTER
An Area Agency on Aging

Promoting and protecting the well-being of older adults, caregivers and persons with disabilities in Maui County.

808-270-7774

The Maui County Office on Aging supports individuals 60 years and older, their caregivers (of any age) and persons with disabilities so that they can maintain independence, health and a sense of contribution to their communities. MCOA achieves this by developing community support systems that promote independence, integrity, and dignity of all while ensuring that cultural practices and beliefs are respected in a continuous effort to support individual choice.