

# MAUI ADULT DAY CARE CENTERS

## September 2017 Newsletter

### Caregiver Support Group Schedule

**Kahului:**

**Kahului Day Care Center**  
 Thursday, September 7, 2017  
 2:00PM

**Upcountry:**

**Pukalani Baptist Church**  
 Monday, September 11, 2017  
 5:30PM

**Lahaina**

**West Maui Senior Ctr. Lounge**  
 Thursday, September 14, 2017  
 2:00PM

**Wailuku:**

**Ocean View Day Care Ctr.**  
 Thursday, September 28, 2017  
 6:00PM

**Kihei:**

**Kihei Maui Adult Day Care**  
 Monday, September 25, 2017  
 4:30PM

**Hana:**

**Hale Hulu Mamo**  
 Monday, September 18, 2017  
 10:00AM

### Dear Families and Caregivers,

As a senior, it can be challenging to acknowledge that you need help and assistance, especially if you have been a highly independent person all of your life and you're used to caring for others. And if you are the caregiver, it may be equally difficult to consider allowing a "stranger" to care for your beloved family member. As with any service, the best time to start exploring your care options and what services are available in your community, is before you actually need to find and use the services.



Caring for the elderly is an important issue facing the baby boomer generation. Twenty million seniors over the age of eighty-five will occupy the United States by the year 2050. This is an increase of almost seventeen million seniors compared to three million that were living in 2000. In the early 1900's less than five million Americans reached the age of sixty-five. As of 2005, almost forty million men and women are fortunate to attain the age of sixty-five or older.

Maui Adult Day Care Centers has been providing adult day care service since 1974. With life expectancy rising, more of us find we need assistance as we age. Adult day care centers are designed for older adults who can no longer manage independently, or, who are isolated and lonely. Day care centers enable seniors to socialize with others while still receiving needed care services. At the same time, they offer caregivers a break from caregiving duties while knowing that their loved one is in good hands. Our centers provide a wide array of activities too. Our activities give enjoyment, entertainment and companionship to those who are looking to enhance their daily routine. Our Ocean View Center also offers an intergenerational program, which bridges the gap between the generations of our keiki and kupuna, providing meaningful moments together. Maui Adult Day Care Centers offers activities that build consistent routine and stimulate the mind. There is no time like the present to keep your mind active and make new friends! Maui Adult Day Care Centers also offers monthly support groups and workshops. You're invited to stop by or spend the day with us to get a "feel" of our center. Have questions? Please give us a call at (808) 871-5804 or visit us at [www.madcc.org](http://www.madcc.org). Sincerely, Suzanne Antounian/Executive

### Grandma's Home-made Chocolate Chip Cookies

- 3/4 Cup White Sugar
- 1 C Brown Sugar
- 1 Cup Butter Softened
- 1 Tablespoon Vanilla
- 2 Large Eggs, slightly beaten
- 3 Cups all-purpose flour
- 3/4 Tsp Baking Soda
- 3/4 Tsp Salt
- 3 Cups Semi Sweet Chocolate Chips
- (Optional : 1 Cup Walnuts or Pecans)

1. Preheat oven to 350 degrees.
2. Cream sugars and butter.
3. Add vanilla and eggs and mix well.
4. Combine dry ingredients together and gradually add to creamed mixture.
5. Stir in chips and nuts.
6. Roll into 1 1/4" balls and place on non-stick cookie sheets, about 2" apart. Bake 8-10 minutes



*Thought for  
 the Month:*

*Grandparents*



*will never grow old.*

## Maui Adult Day Care Centers

11 Mahaolu Street, Suite B  
Kahului, Hawaii 96732  
Main Office: 871-5804  
Hale Hulu Mamo: 248-8833



**Webpage:**  
[www.madcc.org](http://www.madcc.org)

**Follow us on:**

**Instagram:**

**@mauiaduldaycare**

## Welcome

To Our MADCC Ohana!

### Ocean View

Eileen  
Bessie  
Violet  
Gaylord

### Kihei

David  
Betsy  
.Maria

### Kahului

Maria  
Pudencia  
Mercy  
Pauline

### Lahaina

Fortunata

### Friendly Reminder:

Effective August 1, 2017:

Due to the increase in costs of providing services, Maui Adult Day Care Centers will be increasing daily rates to meet these rising costs to the following:

### **MAUI ADULT DAY CARE CENTERS**

**New Daily Rates:**

#### Level 1:

**\$57 Per Day**

#### Level 2:

**\$59 Per Day**

#### Level 3:

**\$65 Per Day**

**Personal Care/Bathing**

**\$20 Per Scheduled Bath**



## A few words from Hale Hulu Mamo By Sheila Roback

**Kako'o...In Hawaiian it means to uphold, support, assist, prop up, aid.**

This is a fitting expression of the Monthly Support Group gathering held at Hale Hulu Mamo on the third Mondays of the month. The support group meetings are well attended by Kupuna/caregivers. Some of their concerns and challenges are; recognizing the signs of dementia and Alzheimer, bridging the generation gap between grandparent and grandchild, coping with caregiving tasks and the stress that can occur, and accepting the changes and challenges with their health and aging process.

The greatest fulfillment of these monthly gatherings is the support that is found within the group. As they get to know one another better, they are starting to feel comfortable in sharing their struggles with each other. It is a time and place for the Kupuna and their caregivers to come and feel safe, express their frustrations, and share their experiences, strengths, hopes and joys. They are learning how to give and accept support from one another.

If you are in the Hana areas please stop at Hale Hulu Mamo and join us for our Monthly Support Group gathering. We look forward to this special time of celebrating friendship, support, and aloha. Hope to see you soon!

We are truly grateful as well for our practitioners for the energy and aloha that they share with us all. Please call us to set up an appointment for a Lomi soon!



### Ocean View:

09/04 Olinda  
09/11 Ann  
09/16 John  
09/27 Pat

### Lahaina:

09/15 Penny

### Kahului:

09/02 Eddy  
09/07 Gilbert  
09/09 Evelyn  
09/20 Katsuko  
09/23 Long

### Kihei

09/02 Jessie  
09/06 Harold  
09/14 Saltacion  
09/17 Erna  
09/25 Maria  
09/26 Hester  
09/30 Grafton



### HELPFUL TIP OF THE MONTH:

Have you heard about the Kupuna Care Program? In July 2017, Governor Ige signed into law, HB 607, appropriating \$600,000 to the Executive Office on Aging (EOA) to establish the "Kupuna Caregivers Program," aimed at supporting working caregivers. This bill provides financial assistance to support employed caregivers to remain in the workforce, provided certain criteria are met. The EOA along with our local Area Agencies on Aging are partnering to develop and implement this wonderful new program. To be eligible for the Kupuna Caregivers Program, qualified caregivers must be employed at least 30 hours a week by one or more employers & be providing care directly to a care recipient. Qualified caregivers may receive up to \$70 per day in benefits (subject to the availability of funds and paid directly to the contracted service providers, not the caregiver, to cover costs for adult day care, chore services, home delivered meals, homemaker services, personal care, respite care & transportation. The EOA is scheduled to roll out this program in 2018. For additional information, you can call Maui County Office on Aging (MCOA) at (808)270-7774. Maui Adult Day Care Centers will continue to partner w/MCOA for your adult day care center needs & the Kupuna Care Program in 2018.